



Currently Tracked Treatments

Medications

Guanfacine Currently doing

Dose: 10 mg **Frequency:** Once daily

- **Started** Jul 1, 2026
Dose: 1mg · Frequency: Once daily
 - **Stopped** Jul 8, 2026
Dose: 1mg · Frequency: Once daily
 - **Resumed, Dose changed** Jul 9, 2026
Dose: 10 mg · Frequency: Once daily
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Guanfacine Stopped

Dose: 1mg **Frequency:** Once daily

- **Started** Jul 1, 2026
Dose: 1mg · Frequency: Once daily
 - **Stopped** Jul 9, 2026
Dose: 1mg · Frequency: Once daily
Correction
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Guanfacine Stopped

Dose: 2mg **Frequency:** Variable

- **Started, Dose changed, Frequency changed, Paused, Resumed, Stopped** Jul 1, 2026
Dose: 2mg · Frequency: Twice daily
 - **Resumed** Jul 9, 2026
Dose: 2mg · Frequency: Twice daily
 - **Resumed, Frequency changed** Jul 9, 2026
Dose: 2mg · Frequency: Variable
 - **Stopped, Stopped** Jul 9, 2026
Dose: 2mg · Frequency: Twice daily
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Behavioral Therapies

CBIT Currently doing

Format: Self-guided app or book

- **Started** Jul 1, 2026
Format: In-person
 - **Other, Paused** Jul 2, 2026
Format: In-person
 - **Resumed, Format changed** Jul 9, 2026
Format: Self-guided app or book
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CoPs Currently doing

Format: In-person

- **Started** Jul 4, 2026
Format: In-person
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Habit Reversal Training Stopped

Frequency: Twice weekly Format: In-person

- Started Jul 1, 2026
Frequency: Weekly · Format: Telehealth
 - Frequency changed, Format changed Jul 3, 2026
Frequency: Twice weekly · Format: In-person
 - Stopped Aug 5, 2026
Frequency: Twice weekly · Format: In-person
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Neurostimulation & Devices

Medial Nerve Stimulation Device — Neupulse Currently doing

Frequency: 1

- Started Jul 8, 2026
Frequency: 1
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Transcranial Magnetic Stimulation (TMS) Stopped

Frequency: 1

- Started, Stopped Jul 8, 2026
Frequency: 1
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